

When we put ART & new ideas in our heads & mix it up with what is already in us, we can create something new & different.

A Mindful of Art
(Una Mente Artística)

Using the 5 Senses

Look at (observe) the artwork or put yourself in the artwork.
Now, use those wonderful minds and imaginations.

GAME
(JUEGO DE)



CARD
(CARTA)

When I put art in my head,
and mix it up with what I've
experienced, my art improves.



(Mira al trabajo de arte o imagínate estar o ser parte del arte.)
(Ahora usa esas mentes y imaginaciones maravillosas?)

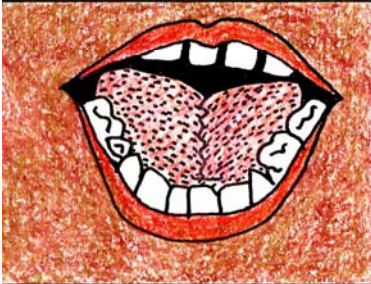
- * What do you see? (¿Qué veo?)
- * Where does your eye go first?
(¿A donde se va tu ojo primero?)



- * What sounds can you imagine hearing?
(¿Qué sonidos te puedes imaginar?)



- * What smells can you imagine smelling?
(¿Qué olor te puedes imaginar?)



- * What tastes can you imagine tasting?
(¿Qué sabor te puedes imaginar?)



- * What textures can you imagine feeling?
(¿Que textura te imaginas que puedes tocar?)
- * How do you feel when you look at or imagine yourself in the artwork?
(¿Cómo te sientes cuando te imaginas ser o ver el arte?)

A Mindful of Art - Compiled, organized, and added to by ♥ M.C.Gillis

Contact artist, mo@expandingheart.com, to give feedback.

More downloads at www.expandingheart.com & www.awesomeartists.com.